

## **DIABETES TREATMENT THROUGH HERBAL DRUG AND EFFECT OF AQUEOUS AND PETROLEUM ETHER EXTRACT ON OCIMUM CANUM LEAF**

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### ***Abstract***

*Diabetes mellitus is one of the most widely recognized metabolic issues. It is essentially portrayed by lost glucose homeostasis with a break in sugar, fat and protein metabolism and deformities in insulin emission or insulin activity, or both. Hypoglycemic activity of drug is to gauge the capacity of drug to diminish blood glucose level. For this activity learn from the outset the diabetics is incited in ordinary solid pale skinned person rats. We used method for collection of blood sample and Preparation of working reagent in materials and methods. In present examination the leaves of Ocimumcanum and Platycladus oriental is both in aqueous and petroleum ether extracts forces noteworthy effective in diabetic along with hepatoprotective and antioxidant activity.*

**Keywords:** *herbal drug, ocimumcanum, leaf, diabetes, treatment, ether, extract, etc.*

### **1. INTRODUCTION**

Diabetes mellitus is one of the most widely recognized metabolic issues. It is an expanding medical issue all through the world which can prompt grave difficulties in the body after some time like nephropathy, neuropathy, retinopathy, cardiovascular diseases and dyslipidemia. It is essentially portrayed by lost glucose homeostasis with a break in sugar, fat and protein metabolism and deformities in insulin emission or insulin activity, or both. With insulin inadequacy, the body tissues, the liver, strong and fat tissues miss the mark in taking up and utilizing glucose from the blood course. These outcomes in height of blood glucose level, which is known as hyperglycemia.

During the most recent couple of years an expansion in the utilization of restorative plants in relieving different medical issues has been seen as they are from regular starting point and have less reaction. Plants have been the essential wellspring of prescription since antiquated occasions and numerous drugs have been legitimately or in a roundabout way got from various plants.

## **1.1 Herbal medicine**

Herbal medicine (additionally herbalism) is the investigation of pharmacognosy and the utilization of therapeutic plants. Plants have been the reason for clinical treatments through quite a bit of mankind's history, and such customary medicine is still broadly rehearsed today. Current medicine utilizes many plant-inferred mixes as the reason for proof based pharmaceutical drugs. Despite the fact that herbalism may apply current standards of viability testing to spices and medicines got from normal sources, scarcely any great clinical preliminaries and standards for virtue or measurements exist. The extent of herbal medicine is now and then reached out to incorporate parasitic and honey bee items, just as minerals, shells and certain creature parts.

## **1.2 Diabetes**

Diabetes mellitus is a clinical disorder described by hyperglycaemia because of total or relative lack of insulin. This can emerge from various perspectives, yet is most ordinarily because of immune system type-1 diabetes or to grown-up beginning type-2 diabetes. Absence of insulin influences the metabolism of carbohydrates, protein, and fat and can cause a noteworthy unsettling influence of water and electrolyte homeostasis.

## **1.3 Investigations treatment and management of diabetes mellitus**

Type 1 d. mellitus is one of the two significant types of diabetes mellitus, described by sudden beginning of side effects, insulinopenia, and reliance on exogenous insulin to continue life; top time of beginning is 12 years, in spite of the fact that beginning can be at any age. Type 2 d. mellitus one of the two significant types of diabetes mellitus, portrayed by top period of beginning somewhere in the range of 50 and 60 years, steady beginning with hardly any side effects of metabolic unsettling influence (glycosuria and its results), and no requirement for exogenous insulin; dietary control with or without oral hypoglycemic is generally powerful.

### **1.3.1 Blood Testing**

- **Glucose:** Laboratory glucose testing in blood depends upon enzymatic response (glucose oxidase) and is modest, normally computerized and profoundly solid. anyway variety in blood glucose relies upon whether the patients has eaten as of late, so it is critical to consider the conditions in which the blood sample was taken blood glucose can likewise be estimated with colorimetric or other testing sticks, which is often perused with apotable electronic meter. These are utilized for narrow (finger prick) testing to screen diabetes treatment.

## **2. LITERATURE REVIEW**

**Ezeani, Chinelo and Ezenyiet. al (2017)** Ocimum basilicum L (Lamiaceae) is utilized as a customary solution for various illnesses, including diabetes mellitus. This examination researched the antidiabetic impacts of a concentrate of ethereal pieces of O. basilicum. Strategies Antihyperglycemic impact of the concentrate was controlled by its consequences for  $\alpha$ -amylase and  $\alpha$ -glucosidase in vitro, while anti-diabetic properties were concentrated in alloxan actuated diabetic rats rewarded for 28 days with concentrate and contrasted with those rewarded with oral metformin (150 mg/kg). The investigation and examination was directed somewhere in the range of 2014 and 2015. The treatment with 100 and 200 mg/kg remove altogether ( $P < 0.05$ ) diminished fasting blood glucose fixation and somewhat expanded mean body weight in rewarded gatherings. Oral glucose resistance was additionally fundamentally ( $P < 0.05, 0.001$ ) improved in 100 and 400 mg/kg extricate rewarded gatherings.

**Antora, Raiya and MohdSalleh, Rabeta (2017)** this current review gives data on the antihyperglycemic impact of the plants having a place with the class Ocimum. The types of this class which for the most part show critical antihyperglycemic impacts are Ocimum tenuiflorum L., Ocimum basilicum L., Ocimum gratissimum L. and Ocimum canum L. The outcomes were appeared in both in vitro and in vivo examinations. The counter hyperglycemic exercises of various concentrates from every one of these animal groups are accounted for here. Watery concentrates are basic to show an acceptable outcome for all the species. The outcomes for ethanol, methanol, ethyl-acetic acid derivation, oil ether concentrates, and chloroform and hexane portion of ethanol separate are likewise introduced here. A portion of the outcomes demonstrated a superior impact than the standard medicine.

**Nnaemeka, Ugwu and Umar, et. al (2013)** The impacts of different concentrates of Ocimum basilicum leaf on biochemical lists of organ harm and oxidative pressure status of streptozotocin-prompted diabetic rats were inspected. Oral organization of 200mg/kg of fluid, methanolic and oil ether concentrates of the leaf for 35 days brought about a critical ( $P > 0.05$ ) decrease in thiobarbituric corrosive receptive substances (TBARS) and an expansion in catalase (CAT) and superoxide dismutase (SOD) exercises in streptozotocin-actuated diabetic rats from diabetic levels. The leaf removes achieved a critical ( $P < 0.05$ ) increment in serum protein and egg whites just as diminishes in urea and creatinine levels of STZ - incited diabetic rats contrasted and diabetic control levels.

**S, Abhilash and Y, Vijay et. al (2013)** Diabetes mellitus alludes to a gathering of basic metabolic issues that share the phenotype of hyperglycemia coming about because of deformities of diminished insulin emission, diminished glucose usage and increment in glucose creation. It is assessed that there are right now 285 million individuals worldwide and this number is set to increment to 438 million constantly 2030. India has the most noteworthy number of patients with known diabetes around the world, with a predominance of 11.6%. The point of the examination was to assess the counter diabetic action of ethanolic concentrate of leaves of plant Ocimum sanctum in alloxan incited diabetes in rats. The examination was led on 4 gatherings of 6 rats each to assess the hypoglycaemic impact of ethanolic concentrate of Ocimum sanctum.

**Oguanobi, Nelson and Chijiokeet. al (2012)** Preliminary examinations have revealed hypoglycaemic impacts of leaf concentrates of *Ocimum gratissimum* in type-1 diabetic creature models. Be that as it may, the component of its antihyperglycaemic action stays obscure. To reveal more insight into this action, we chose to explore the viability of the concentrate in type-2 model diabetic rats, for which barely any dependable information are right now accessible. The outcomes from this examination show that watery concentrate of *O. gratissimum* leaf can essentially diminish postprandial hyperglycaemia in type-2 diabetic model rats, however without the danger of hypoglycemia.

### **3. OBJECTIVES**

- To analyze Effect of aqueous and petroleum ether extract of *Ocimum canum* leaf on blood glucose.
- To study about Herbal medicine and Treatment and Management of Diabetes mellitus.

### **4. MATERIALS AND METHODS**

#### **4.1 Induction of diabetics**

Hypoglycemic activity of drug is to gauge the capacity of drug to diminish blood glucose level. For this activity learn from the outset the diabetics is incited in ordinary solid pale skinned person rats. After inciting the diabetic's hypoglycemic activity is contemplated. After overnight fasting (denied of nourishment for 16 h had been permitted free access to water), diabetes was actuated in pale skinned person rats by I.P. injection of STZ broke up in 0.1M cold sodium citrate cradle (pH 4.5) at a portion of 55 mg/kg body weight). The creatures were permitted to drink 5% glucose solution short-term to conquer the drug-prompted hypoglycemia.

Control rats were infused with citrate cradle alone. After a 72 hrs for the advancement of diabetes, the rats with moderate diabetes having glycosuria and hyperglycemia (blood glucose scope of over 250 mg/dl) were considered as diabetic rats. Fasting blood glucose estimation and estimation were done on day 0, 7, 14, 21 and 28th day of the examination.

#### **4.2 Method for collection of blood sample**

The blood (0.3-0.5) was gathered into centrifuge tubes, from retro-orbital puncture affected by light ether sedation which was centrifuged at 3000 rpm at room temperature.

#### **4.3 Preparation of working reagent**

The provided mono reagent is prepared for use. Reagent stockpiling and solidness

- Reagents were put away at 2-8°C and shielded from light.
- Reagent bottle were shut following use.
- Contaminations of the reagents were dodged.

- The reagents are steady at 2-8°C until the expiry date imprinted on the container name if contamination is evaded.

## 5. RESULT AND DISCUSSION

### 5.1 Anti-diabetic Activity

- **Effect of aqueous and petroleum ether extract of Ocimumcanum leaf on blood glucose, after prolonged treatment:**

So as to identify the blood glucose level the aqueous and petroleum ether extract in two unique dosages were administrated that is Ocimumcanum aqueous extract 100 mg/kg, Ocimumcanum aqueous extract 200 mg/kg, Ocimumcanum petroleum ether extract 100 mg/kg, Ocimumcanum petroleum ether extract 200 mg/kg, In this procedure glibenclamide was utilized as standard drug at a quality 600mg/kg. Streptozotocine at a portion 45 mg/kg was utilized to initiate diabetic in trial tested rats. After continuous administration it was seen that the typical group was not changed (100.33±2.15), while in control group blood glucose level raised due to prolong production of hyperglycaemia (311±22.34). However, group III indicated exceptional reduction (135±2.72).

Group IV OC (PE) 100mg/kg have (163.33±4.20) where as Group V OC (PE) 200mg/kg shows (157.66±4.16). In any case, when aqueous extract in various portion were taken it was considered altogether less dynamic contrast with petroleum ether extract for example Group VI OC (AE) 100 mg/kg have (168.5±5.77) and at long last Group VII OC(AE) 200mg/kg have (160±5.73). All the all out perusing are communicated in following table 1 and the graphically representation happens in following figure 1.

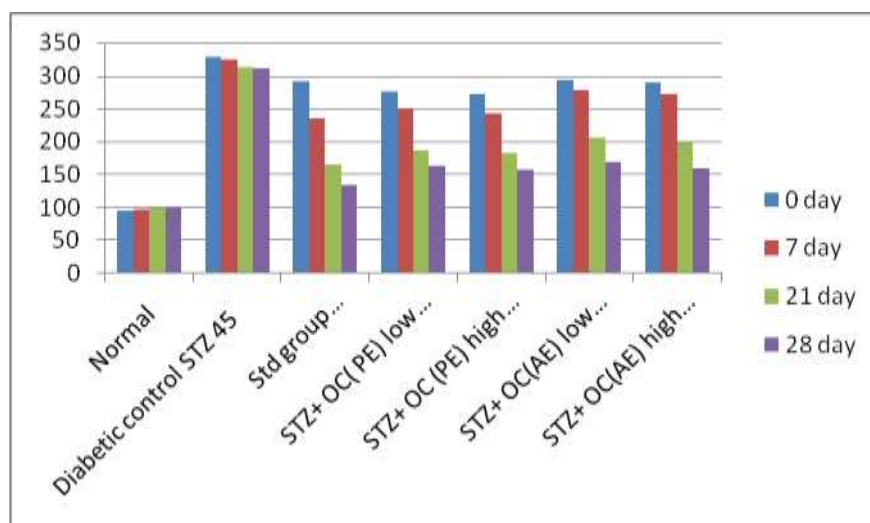
**Table 1: Effect of aqueous and petroleum ether extract of Ocimumcanum leaf on blood glucose, after prolonged treatment (mean±SEM)**

Group	0 day	7 day	21 day	28 day
Normal	94.5±4.5**	97.33±4.46**	98.66±3.56**	100.33±2.15**
Diabeticcontrol STZ45 mg/kg	329.16±25.50	324.33±24.04	314±22.63	311±22.34
Std group Glibenclamide 600 µgm/kg	291±14.10 <sup>ns</sup>	236.16±9.82**	165.33±2.64**	135±2.72**
STZ+ OC( PE) low dose 100 mg/kg	275.83±16.16 <sup>ns</sup>	248.66±15.41*	187±7.69**	163.33±4.20**
STZ+ OC( PE) high dose 200 mg/kg	272.5±16.40 <sup>ns</sup>	242.33±15.13**	181.83±7.29**	157.66±4.16**
STZ+ OC(AE) low dose 100 mg/kg	294±28.32 <sup>ns</sup>	277.5±27.04 <sup>ns</sup>	205.16±16.9**	168.5±5.77**
STZ+ OC(AE) high dose 200 mg/kg	290.33±27.64 <sup>ns</sup>	271.83±26.04 <sup>ns</sup>	199±17.10**	160±5.73**

Values are Mean ± SEM; n = 6 animals in each group; \*\*P<0.01, \* P<0.05 & <sup>ns</sup>P<0.05 is considered

significant when compared with toxicant Streptozotocin-treated group by Dunnett's multiple comparison test

Blood glucose levels in various groups of rewarded rats. Group I: Normal, Group II: Diabetic control rats Group III: Std group Glibenclamide 600 µgm/kg IV STZ+ OC(Petroleum ether) low portion 100 mg/kg Group V: STZ+ OC(Petroleum ether) high portion 200 mg/kg Group VI STZ+ OC(Water) low portion 100 mg/kg Group VII: STZ+ OC(Water) high portion 200 mg/kg Group.



**Figure 1: Effect of aqueous and petroleum ether extract of Ocimumcanum leaf on blood glucose, after prolonged treatment**

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## 6. CONCLUSION

Management of Diabetes along with liver issue with antioxidant effect by utilizing a solitary drug is commonly uncommon for the clinical framework. In present examination the leaves of Ocimumcanum and Platycladusorientalis both in aqueous and petroleum ether extracts forces noteworthy effective in diabetic along with hepatoprotective and antioxidant activity. In the plant Ocimumcanum the petroleum ether extract gang's better response contrast with aqueous extract in streptozotocine initiated diabetic rats. In this entire analysis Glibenclamide 600 µgm/kg was utilized as a standard drug.

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